HOW CAN I AVOID GETTING THE NOVEL CORONAVIRUS (COVID-19)?

Right now, the risk of getting the novel coronavirus (COVID-19) in Coos County is low.

Steps to prevent the spread of the flu and the common cold can also help prevent the spread of the coronavirus.

- Wash your hands often with soap and water for at least 20 seconds.
- Avoid touching your eyes, nose, and mouth.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.
- Stay home when you are sick.
- **Cover your cough or sneeze with a tissue, then throw the tissue in the trash.**
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Wear a facemask if you have flu like to help prevent the spread of the disease to others.