



Medication Services at Coos County Mental Health

Welcome! One of our main goals when we prescribe psychiatric medications is to make sure we are keeping you healthy and safe. In order to do this we need your agreement and cooperation with some basic requirements.

1. We ask you to bring in all of your medicines in their original bottles to each visit.
2. We routinely do basic laboratory tests including blood, urine and saliva. This allows us to avoid giving you medicines that may be unsafe to use with other substances in your body.
3. We routinely ask about any current or past use of illicit drugs, and use, misuse or other problems with prescription medicines, alcohol and marijuana.
4. We do not prescribe pain medicines as this is outside of the conditions we treat.
5. We prescribe stimulant medications only on a limited basis for certain attention problems when you need that treatment to help you be successful in work or school.
6. We prescribe benzodiazepines only on a limited basis (such as Ativan, Xanax, Klonopin). We generally prescribe benzodiazepines for periods of 2 weeks or less. We do not prescribe if you are taking other kinds of substances such as pain medications, muscle relaxers or marijuana.
7. We routinely communicate with other Doctors and providers that are also treating you.
8. We use a Medication Agreement when we prescribe certain kinds of medicines. This helps you understand how to work with us and use your medicine safely.

We look forward to working with you and will do our very best to meet your needs.

Thanks, The Coos County Mental Health Medical Team